

**SAN FRANCISCO STATE UNIVERSITY  
COLLEGE OF EXTENDED LEARNING**

**Core Strengths Coaching Program  
Application for Certificate of Completion**

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Printed on Certificate)

SFSU ID#: \_\_\_\_\_

Address: \_\_\_\_\_

Day Phone: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Ending date of last course: \_\_\_\_\_

Email: \_\_\_\_\_

Any other name you have used at SFSU: \_\_\_\_\_

**Minimum requirements: Complete all five required courses plus two elective courses.**

(Office Use  
Only)

<b>Course #</b>	<b>Course Title</b>	<b>CEUs</b>	<b>Semester/Year Completed</b>	<b>Grade</b>
<b>Required Courses:</b>				
CE 9110	Cultivating Core Strengths, Resilience & Optimism	1.8	_____	_____
CE 9113	Understanding the Change Process in Yourself & Others	1.8	_____	_____
CE 9114	The Science of Happiness: Pleasure, Engagement & Meaning	1.8	_____	_____
CE 9119	Hands-On Coaching: An Introduction	2.4	_____	_____
CE 9118	Integrated Skills & Applications	1.8	_____	_____
<b>Elective Courses:</b>				
CE 9111	Everyday Practices for Sustaining Positive Change	1.5	_____	_____
CE 9115	The Human Condition: Using the Enneagram to Understand Dynamic Patterns of Personality	1.8	_____	_____
CE 9121	Courageous Happiness: Creativity, Mindfulness & Positive Psychology	1.5	_____	_____
CE 9122	Creating a Thriving Coaching Practice	1.8	_____	_____
CE 9120	Core Strengths at Work: Optimizing Individual and Organizational Performance	1.8	_____	_____
<b>TOTAL</b>		_____		

**APPROVED**

**NOT APPROVED**

Program Director: **Lauren Vanett** \_\_\_\_\_  
Signature

\_\_\_\_\_ Date

**Please enclose check or money order for \$50 non-refundable application fee, made payable to SFSU College of Extended Learning, and mail to:**

**Core Strengths Coaching Program, SFSU Downtown Center  
835 Market Street, 6<sup>th</sup> Floor, San Francisco, CA 94103-1901**